

Dear SRCA family,

My name is Peggy Pinto and I am your school counselor. I have had the opportunity to work with many of your children individually and in small groups additionally in the classroom on curriculum based programs, which deal with life skills, drug prevention, resisting peer pressure, friendship and working together as a team.

As we are facing challenging times I would like to remind the SRCA family that I am here and available to support you.

Once a week I will be sending a letter out with words of inspiration, self- care tips and various topics of importance to support our school community.

As this is our (new norm) I will be here every step of the way. I will remain connected via Google classroom holding discussions and sharing activities.

Let's stay connected, supportive, optimistic and safe.

Visit us on Facebook - <https://www.facebook.com/PDHPParents/>

Regards,
Mrs. Pinto, M.S. Ed
PDHP - School Counselor